

23RD NEPEAN GEOHUNTERS

Don't be shy to practise packing
all your gear. The more you do it!
The better you will be good at it.

WINTER CHALLENGE CAMP - 2022

Everything should be stored in one single Backpack and a Day pack.

Clothing

- base-layer top (synthetic, merino wool, or blend)
- mid-layer top (fleece, wool sweater, synthetic sweat shirt)
- base-layer bottoms (synthetic, merino wool, or blend)
- mid-layer bottoms (fleece pants, sweat pants)
- wool socks (2)
- light outer layer (fleece jacket, sweater, hoodie, flannel)
- tuque (2)
- lighter gloves (these will get wet)
- warm boots (optional plastic bags or vapour barrier to keep boots dry when your feet sweat)
In the afternoon and evening things will slow down and you will need warm/dry clothes. At this time you can change into the extra clothes in your day pack and add:
- warm coat
- snow pants
- warm mittens
- face cover (balaclava, gaiter, neck warmer, scarf)
- Spare underwear

Day pack containing

- head lamp
- Diddy bag with bowl, mug and spoon.
- Camp knife
- Tooth brush and tooth paste
- lip balm
- water bottle (filled before camp)
- whistle
- sunglasses
- extra batteries
- plastic bags for feet
- 2 spare face masks

Take note :

Yours name should be on everything
you bring!!!

Do not bring:

Electronic devices, Candies or snacks

What we are supplying:

- Food
- Snacks
- Equipment
- Accommodations

VERY IMPORTANT:

Please give medications to Marc
on Saturday .

In case of Emergency
(Text or call)

Marc cell= 613-878-6018

Sleeping

- Sleeping bag(s), either a winter bag rated to -15C or two sleeping bags together, Or -7 sleeping bag with a fleece liner.
- small pillow or stuff sack filled with clothes
- sleeping pad (closed cell or inflatable), consider the R-value, this has a big impact on warmth/comfort
- loose tuque (a dry one, not the one you wore all day)
- face cover (balaclava, gaiter, neck warmer)
- extra layer for feet (big socks, slippers, or booties)
- Nalgene brand water bottle or a hot water bottle, which will be filled with hot water and brought to bed.
- extra layer to lie on (blanket, Reflectix, pad).
- bivy sack (if you have one.)
- extra blanket (Campfire blanket, fleece or Costco down throw)

Other

- Small shovel
- Sled with a helmet. Carry gear and perhaps go for a a bit of sledding afterwards.



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